

nec group

BRINGING
LIVE
TO
LIFE®



ONCOURSE

TRAINING COURSE INFORMATION

FIRST AID
AT WORK

3 DAYS



welcome

Thank you for enquiring about the First Aid course at the NEC.
The purpose of this booklet is to provide you with all of the information you require to make a decision about your training requirements.
If you have any further questions or concerns, please do not hesitate to get in touch with us.



first aid at work

The purpose of this course is to orientate the First Aider to the initial assessment and management of pre-hospital emergencies in the workplace. The theoretical content of the course, and the practical skills acquired during it, are designed to enable the student to provide the first aid skills needed to give immediate care. The course represents the minimum level of training necessary to manage the casualty before more experienced help is available.

UPON COMPLETION OF THE COURSE THE STUDENT WILL BE ABLE TO:

- Understand the principles of first aid
- Provide effective management at an incident
- Establish immediate care priorities
- Initiate the primary care necessary within the first few minutes of a life threatening emergency

IN ORDER TO SUCCESSFULLY COMPLETE THE COURSE THE STUDENT MUST:

- Attend the entire course
- Pass practical assessments in the following subjects on day four of the course:
 - Arrest of bleeding
 - Unconsciousness
 - Basic Life Support
- A student failing one of these elements will be re-tested by a second examiner, failure at this stage will mean a failure to complete the course

Certificates awarded on successful completion of the course valid for three years. To keep qualification valid you will need to attend a two day refresher course within 28 days of your certificate expiring.

COURSE CONTENT

- Principles and practice of first aid
- Primary survey and secondary survey

- The recovery position
- The respiratory system and the process of breathing
- Breathing Disorders
- Chocking adult sequence
- Cardiopulmonary resuscitation (basic life support)
- Spinal trauma
- Circulatory system
- Wounds and bleeding
- Shock
- Causes of unconsciousness
- Extremity injuries
- Burns
- Poisons
- Eye injuries
- Moving casualties and action after an accident
- Cross infection
- Sending for help
- Child resuscitation
- Child choking
- First aid knowledge checks

COURSE DURATION

3 days



the course venue

BACKGROUND

With 20 interconnecting halls, at the heart of the UK's transport network, the NEC continues to be a conference and exhibition venue of today, and of the future. We stage around 140 trade and consumer events each year, ranging from world-famous public shows such as Crufts and Clothes Show Live, to huge international trade exhibitions like IFSEC and Spring Fair, Birmingham.

HISTORY

It was 1976, the visionaries behind the NEC might have made a fashion faux pas with their flared suits and big hair, but they got their vision for the NEC of the future spot on.

Since the official opening of the NEC, the venue has built upon its early successes and now welcomes more than two million people every year.



travel directions and location

THE NEC IS EASY TO FIND



- Outlet Shopping
- Genting Hotel & Spa
- Bars and Restaurants
- Cinema
- Genting International Casino
- The Vox Conference Centre

Key

- P1/P2** Piazza entrances
- A1/A2/A3** Atrium entrances
- i** Visitor & Business Centre - T: +44 (0)121 780 4141
- W** Welcome desk
- W** The NEC woodland
- Car parks**
 - South: S3-S7
 - East: E1-E5
 - North: N1-N12
 - West: West car park

- A** VIP parking
- B** Disabled parking/ outdoor exhibition area
- C** NEC visitor parking
- D** West Midlands bus stops
- E** NEC Express 1
- F** NEC Express 3
- G1 G2 G3 G4 G5** Gates

- T** Taxi rank
- PH** Private hire
- W** Car park toilets (Including accessible toilet)
- A** Airport
- R** Train station
- B** Box office
- S** Shuttle bus to halls
- Pedestrian footpaths
- Pedestrian footpaths subway

accommodation near the nec

Search and book online at <http://myvisit.thenec.co.uk>

HOTELS	Genting Hotel	Resorts World, Pendigo Way, NEC	B40 1PU	0121 273 1000
	ibis Styles NEC	Bickenhill Lane, NEC	B40 1PJ	0121 780 5900
	Crowne Plaza NEC	Pendigo Way, NEC	B40 1PS	0871 942 9160
	Express by Holiday Inn NEC	Bickenhill Parkway, NEC	B40 1QA	0870 720 2297
	Arden Hotel & Leisure Club	Coventry Road, Bickenhill	B92 0EH	01675 443 221
	Heath Lodge Hotel	117 Coleshill Road, Marston Green	B37 7HT	0121 779 2218
	Gables Hotel & Restaurant	11 Coventry Road, Elmdon, Solihull	B92 9ED	0121 782 1780
	Swallowfield Country House	Hampton Lane, Meriden	CV7 7JR	0167 652 1262
	Manor Hotel	Main Road, Meriden	CV7 7NH	0167 652 2735
	Marriott Forest of Arden	Maxstoke Lane, Meriden	CV7 7HR	0167 652 2335
	Ramada Solihull	The Square, Solihull	B91 3RF	0121 711 2121
	Tudor Court Hotel	77 Kineton Road, Olton	B92 7DX	0121 706 3121
	Grimscoote Manor Hotel	Lichfield Road, Coleshill, Birmingham	B46 1LH	0167 546 4222
	Britannia Coventry Hill Hotel	Birmingham Road, Allesley	CV5 9PH	0871 222 0094
	Quality Hotel Airport/NEC	49 Sherbourne Road, Acocks Green	B27 6DX	0121 706 5900
	Holiday Inn Express Birmingham South	1270 Coventry Road, South Yardley	B25 8BS	0121 289 3333
	Nailcote Hall Hotel	Nailcote Lane, Berkswell	CV7 7DE	0247 646 6174
	Castle Bromwich Inn	Junction 5, M6, Chester Road	B35 7AF	0121 694 6700
	Britannia Hotel Coventry	Cathedral Square, Fairfax Street, Coventry	CV1 5RP	0247 663 3733
	Radisson BLU Hotel	12 Holloway Circus, Queensway	B1 1BT	0121 654 6000
	Jurys Inn	245 Broad Street, Birmingham	B1 2QH	0121 606 9000
	Dayspring Hotel	128-130 Gravelly Hill, Birmingham	B23 7PF	0121 240 5844
	New Hall Hotel & Spa	Walmley Road, Sutton Coldfield	B76 1QX	0121 378 2442
	Ramada Birmingham Sutton Coldfield	Penns Lane, Walmley, Sutton Coldfield	B76 1LH	0121 351 3111
	Rollason Wood Hotel	130, Wood End Road, Erdington, Birmingham	B24 8BH	0121 373 1230
	Conference Aston Hotel	Aston Street, Birmingham	B4 7ET	0121 204 4300
	Campanile Birmingham	Chester Street, Aston, Birmingham	B6 4BE	0121 359 3330
	Britannia Hotel Birmingham	New Street, Birmingham	B4 4RX	0871 222 0093
	Comfort Inn Birmingham	Station Street, Birmingham	B5 4DY	0121 643 1134
	Holiday Inn Express Birmingham City Centre	65 Lionel Street, Birmingham	B3 1JE	0845 112 6151
	Bloc Hotel	St Paul's, Caroline Street, Birmingham	B3 1UG	0121 212 1223
	Plough & Harrow Birmingham	135 Hagley Road, Edgbaston	B16 8LS	0121 454 4111
	Menzies Strathallan	225 Hagley Road, Edgbaston	B16 9RY	0121 455 9777
GUEST HOUSES/B&BS	Redlands Guest House	Church Lane, Bickenhill	B92 0DT	0167 544 2661
	Church Farm	Church Lane, Bickenhill	B92 0DN	0167 544 2641
	Arden House Hotel	74 Maple Leaf Drive, Marston Green	B37 7JB	0121 788 2068
	Central Guest House	1637 Coventry Road, South Yardley	B26 1DD	0121 706 7757
	Gayton B&B	34 Meriden Road, Hampton-In-Arden	B92 0BT	0167 544 2204
	White Lion Inn	High Street, Hampton-In-Arden	B92 0AA	0167 544 2833
	Grove House B&B	8 Whichcote Avenue, Meriden	CV7 7LR	0167 652 3295
	Olton Cottage Guest House	School Lane, Old Yardley Village, Birmingham	B33 8PD	0121 783 9249
	Atholl Lodge	16 Elmdon Road, Acocks Green, Birmingham	B27 6LH	0121 707 4417
	Achill Guest House	35 Hampton Road, Knowle	B93 0NR	0156 477 4090
	Station Approach B&B	654 Streetsbrook Road, Solihull	B91 1LB	0121 240 4888
	Langley Cottage	Cottage Lane, Whiteacre Heath, Coleshill	B46 2EJ	0167 546 3083
	E-or Lodge	Marston Lane, Curdworth, Sutton Coldfield	B76 0DF	0167 547 0330
	Chester's 413 Continental B&B	413 Upper Eastern Green Lane, Coventry	CV5 7DJ	0247 646 8250
	Castle Laurels Hotel	22 Castle Road, Kenilworth	CV8 1NG	0192 685 6179
	Arc Serviced Apartments	The Arcadian Centre, Hurst Street, Birmingham	B5 4TD	0871 971 2952



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PRESENTS



booking a place on the first aid at work 3 day course

The booking process is simple
and the steps are highlighted below:

Please call Julie Fletcher on 0121 767 3967
or email julie@oncoursehealthandsafety.co.uk

www.oncoursehealthandsafety.co.uk

